Educating Hearts and Minds

Peaceful Schools International
Yearbook 2006
Educating Hearts and Minds:

Peaceful Schools International Yearbook 2006
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August, 2006

Dear Friends and Colleagues:

We are pleased to offer you this sampling of some of the initiatives that are taking place in our member schools. We truly enjoy hearing from you and hope that reading this yearbook will inspire to share your ideas with us.

As a clearinghouse for programs and practices that work, we are always happy to be able to disseminate ideas we receive from our member schools. Please remember to check the PSI website as we regularly post ideas, free resources and suggestions on the discussion board. We also love to read your submissions.

With the photo gallery up and running, we also hope to receive more photos from our member schools. Many people visit this part of the PSI website so please send along any photos that reflect what is happening in your school and we will gladly post them in your school’s photo album.

Thanks, once again to Carol Ann Sampson for assembling this yearbook.

Have a wonderful school year!

Hetty van Gurp
PSI Member Schools

8 Oktobar
Vlasotince, Serbia

Allancroft Elementary School
Beaconsfield, Quebec, Canada

Anderson High School
Austin, Texas, USA

Anderson Mill Elementary
Austin, Texas, USA

Annapolis East Elementary School
Middleton, Nova Scotia, Canada

Annapolis West Education Centre
Annapolis Royal, Nova Scotia, Canada

Arborg Early Middle Years School
Arborg, Manitoba, Canada

Astral Drive Elementary School
Dartmouth, Nova Scotia, Canada

Atlantic Memorial Terence Bay
White's Lake, Nova Scotia, Canada

Basinview Drive Community School
Bedford, Nova Scotia, Canada

Beechville - Lakeside - Timberlea School
Timberlea, Nova Scotia, Canada

Beachy Cove Elementary School
St. Phillips, Newfoundland and Labrador, Canada

Beacon Hill Elementary School
Beaconsfield, Quebec, Canada

Beaconsfield High School
Beaconsfield, Quebec, Canada

Beaconsfield Junior High School
St. John's, Newfoundland and Labrador, Canada

Bedford South School
Bedford, Nova Scotia, Canada

Bedicheck Middle School
Austin, Texas, USA

Beechwood Elementary School
Pierrefonds, Quebec, Canada

Beurling Academy
Verdun, Quebec, Canada

Bishop Feild Elementary
St. John's, Newfoundland and Labrador, Canada

Bicentennial School
Dartmouth, Nova Scotia, Canada

Bishop Whelan School
Lachine, Quebec, Canada

Blanco Middle School
Blanco, Texas, USA

Blanton Elementary
Austin, Texas, USA

Booker T. Washington Elementary
Elgin, Texas, USA

Branko Mijikovic
Nis, Serbia

Brian Public School
Toronto, Ontario, Canada

Brookhouse Elementary School
Dartmouth, Nova Scotia, Canada

Brother Rice Junior High
St. John's, Newfoundland and Labrador, Canada

Brownlow Integrated College
Craigavon, Northern Ireland

Carson Grove Elementary School
Ottawa, Ontario, Canada

Caudle Park Elementary School
Lower Sackville, Nova Scotia, Canada

Cecil Newman School
LaSalle, Quebec, Canada

Cedar Park School
Pointe Claire, Quebec, Canada

Centennial Secondary School
Coquitlam British Columbia, Canada

Champlain Elementary
Granville Ferry, Nova Scotia, Canada

Chatelech Secondary School
Sechelt, British Columbia, Canada

Chester Elementary School
Toronto, Ontario, Canada

Children's World Academy
LaSalle, Quebec, Canada

Christa McAuliffe Middle School
Boynton Beach, Florida, USA

Christmas Park Elementary School
Beaconsfield, Quebec, Canada

City Montessori School (CMS)
Lucknow, India

Clark Rutherford Memorial School
Cornwallis, Nova Scotia, Canada

Colby Village Elementary School
Dartmouth, Nova Scotia, Canada

Coral Reef Elementary
Lake Worth, Florida, USA

Cotswold Elementary School
Charlotte, North Carolina, USA

Covington Middle School
Austin, Texas, USA
Cowan Heights Elementary  
St. John's, Newfoundland and Labrador, Canada

Crockett High School  
Austin, Texas, USA
Crockett Middle School  
Paris, Texas, USA

Desanka Maksimovic Elementary School  
Cokot, Serbia

Discovery Collegiate  
Bonavista, Newfoundland and Labrador, Canada

Dorset Elementary  
Baie d'Urfe, Quebec, Canada

Dura Danicic  
Novi Sad, Serbia

East Williams Memorial Public School  
Ailsa Craig, Ontario, Canada

Ecole Grosvenor Wentworth Park School  
Halifax, Nova Scotia, Canada

Ecole John W. MacLeod Fleming Tower School  
Halifax, Nova Scotia, Canada

Ecole Oxford School  
Halifax, Nova Scotia, Canada

Edenbrooke Primary School  
Belfast, Northern Ireland

Educ-Nepal  
Education Development for the Underprivileged Children of Nepal
Kathmandu, Nepal

Elementary School Desanka Maksimovic  
Cokot, Serbia

Elementary School Ivan Goran Kovacic  
Niska Banja, Serbia

Elgin Court Public School  
St. Thomas, Ontario, Canada

Englewood School  
Crapaud, Prince Edward Island, Canada

Ennis High School  
Ennis, Texas, USA

Eric G. Lambert School  
Churchill Falls, Newfoundland and Labrador, Canada

Eric Graves Junior High School  
Dartmouth, Nova Scotia, Canada

Fisher Park/Summit Alternative School  
Ottawa, Ontario, Canada

Forest Hill Elementary School  
Saint-Lazare, Quebec, Canada

Fortune Bay Academy  
St. Bernard’s, Fortune Bay, Newfoundland and Labrador, Canada

Fulmore Middle School  
Austin, Texas, USA

Garza High School  
Austin, Texas, USA

George R. Gauld Junior School  
Toronto, Ontario, Canada

Gertrude Parker Elementary School  
Lower Sackville, Nova Scotia, Canada

Gold River - Western Shore Elementary School  
Western Shore, Nova Scotia, Canada

Greendale Elementary School  
Halifax, Nova Scotia, Canada

Hammonds Plains Consolidated Elementary  
Hammonds Plains, Nova Scotia, Canada

Happy Thought School  
East Selkirk, Manitoba, Canada

Harbourview School  
Dartmouth, Nova Scotia, Canada

Harry R. Hamilton Elementary School  
Middle Sackville, Nova Scotia, Canada

Hawthorn Elementary School  
Dartmouth, Nova Scotia, Canada

Hazelwood Elementary  
St. John's, Newfoundland and Labrador, Canada

Heritage Elementary School  
Green Acres, Florida, USA

Holy Cross Elementary  
St. John's, Newfoundland and Labrador, Canada

Holy Cross High School  
Saskatoon, Saskatchewan, Canada

Holy Family  
St. John's, Newfoundland and Labrador, Canada

Hope Children's Center  
St. John's, Newfoundland and Labrador, Canada

Huron Heights Secondary School  
Newmarket, Ontario, Canada

Ian Forsyth School  
Dartmouth, Nova Scotia, Canada

Isidora Sekulic  
Pancevo, Serbia

Ivan Goran Kovacic Elementary School  
Niska Banja, Serbia

JL Jordan Catholic School  
Brockville, Ontario, Canada

James Bowie High  
Austin, Texas, USA

James Fowler High School  
Calgary, Alberta, Canada
<table>
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<tr>
<th>School Name</th>
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<td>John MacNeil Elementary School</td>
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<td>Josif Kostic</td>
<td>Leskovac, Serbia</td>
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<td>Lanor Middle School</td>
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<td>Purcell Academy</td>
<td>Pierrefonds, Quebec, Canada</td>
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<td>R Tait McKenzie Public School</td>
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<td>Reagan High School</td>
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<td>Rousseau Public School</td>
<td>Ancaster, Ontario, Canada</td>
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S.D Spady Montessori Elementary School
Delray Beach, Florida, USA

Sacred Heart Academy
Marystown, Newfoundland and Labrador, Canada

Sacred Heart School
Midland, Ontario, Canada

Sackville Centennial
Lower Sackville, Nova Scotia, Canada

Sackville Heights Junior High School
Lower Sackville, Nova Scotia, Canada

Saint Bernard Elementary School
Dollard-des-Ormeaux, Quebec, Canada

Saint Mary's University
Halifax, Nova Scotia, Canada

Saint James Catholic School
Tottenham, Ontario, Canada

SAHAMATI
Nawalparasi, Nepal

School 1239
Moscow, Russia

Seigniory Elementary
Pointe Claire, Quebec, Canada

Simon Fraser Junior High School
Calgary, Alberta, Canada

Sir Ernest MacMillan Senior Public School
Toronto, Ontario, Canada

Sister Catherine Donnelly Catholic School
Barrie, Ontario, Canada

South Grade Elementary School
Lake Worth, Florida, USA

St. Andrew's Elementary
St. John's, Newfoundland and Labrador, Canada

St. Augustine's Elementary School
Bell Island, Newfoundland and Labrador, Canada

St. Benedict's Primary School
Kingston, Jamaica

St. Bernard's Catholic School
Orillia, Ontario, Canada

St. Bernard's Primary School
Witless Bay, Newfoundland and Labrador, Canada

St. Catherine of Siena School
Barrie, Ontario, Canada

St. Charles School
Bradford, Ontario, Canada

St. Edmund Elementary School
Beaconsfield, QC, Canada

St. Edward's School
Conception Bay South, Newfoundland and Labrador, Canada

St. Gabriel's College
Belfast, Northern Ireland

St. Gregory Catholic School
Carleton Place, Ontario, Canada

St. James
Colgan, Ontario, Canada

St. Jean de Brebeuf
Bradford, Ontario, Canada

St. John Bosco
St. John's, Newfoundland and Labrador, Canada

St. Joseph's Catholic School
Stratford, Ontario, Canada

St. Joseph's Catholic School
Toledo, Ontario, Canada

St. Joseph's Episcopal
Boynton Beach, Florida, USA

St. Mark Catholic School
Prescott, Ontario, Canada

St. Mary's Catholic Elementary
Listowel, Ontario, Canada

St. Mary's Catholic Elementary School
Barrie, Ontario, Canada

St. Mary's School
St. John's, Newfoundland and Labrador, Canada

St. Mary's School
Collingwood, Ontario, Canada

St. Matthew's Elementary School
St. John's, Newfoundland and Labrador, Canada

St. Monica's School
Barrie, Ontario, Canada

St. Noel Chabanel Catholic School
Wasaga Beach, Ontario, Canada

St. Patrick School
Pincourt, Quebec, Canada

St. Paul's Intermediate School
Gander, Newfoundland and Labrador, Canada

St. Peter's Secondary School
Barrie, Ontario, Canada

St. Rita Catholic School
Woodstock, Ontario, Canada

St. Thomas Aquinas Catholic High School
Russell, Ontario, Canada

St. Thomas Aquinas Catholic Secondary School
Tottenham, Ontario, Canada

Sunnyside Elementary
Bedford, Nova Scotia, Canada

Symmes Junior High School
Aylmer, Quebec, Canada

Tamarac Education Centre
Port Hawkesbury, Nova Scotia, Canada

Tantallon Junior High School
Upper Tantallon, Nova Scotia, Canada
The Good Shepherd Catholic School  
Barrie, Ontario, Canada  

Thorndale Elementary School  
Pierrefonds, Quebec, Canada  

Toussaint L’Ouverture High School for Arts & Social Justice  
Delray, Florida, USA  

Travis High School  
Austin, Texas, USA  

Unity School  
Delray, Florida, USA  

Upper Gullies Elementary School  
Upper Gullies, Newfoundland and Labrador, Canada  

Valois Park School  
Pointe Claire, Quebec, Canada  

Veljko Vlahovic  
Pecenjevce, Serbia  

Vozd Karadorde  
Leskovac, Serbia  

Vuk Karadžić  
Backa Palanka, Serbia  

Vuk Karadžić  
Vitosevac, Serbia  

Westend Memorial  
Springhill, Nova Scotia, Canada  

Woodstock Centennial Elementary School  
Woodstock, New Brunswick, Canada  

Woodstock High School  
Woodstock, New Brunswick, Canada  

Zabare  
Krusevac, Serbia
What’s happening in our member schools?
Greendale Elementary School
Pierrefonds, QC

Since last year Greendale has undergone some significant changes in light of PSI. The creation of Greendale’s Leadership Lab should prove handy in the months ahead as our senior students will now have a designated space to plan, and prepare their projects to make the school more peaceful. The money for the lab was in fact raised through grants completed by grade six students in peace related projects.

As we await the start up of this year’s Cooperative Games program, we are reminded of the fantastic success of last year’s leaders, and we expect another terrific year that will once again see grade six students volunteer some of their time during recess to create and manage activities on the playground. This year we hope to add specially made jackets for the students involved to help raise the status of the program in the community.

Here at Greendale we believe very strongly in having visual cues. Over the summer we erected two large wooden signs that were professionally made. The signs declare our school as a “Peaceful Playground” as taken from a P.S.I. suggestion form. We had this slogan translated to French as “Un Lieu Pacifique”, and a logo designed to tie it all together.

Lastly, Greendale recently hosted the “Canadian Half Pints” whose message about the negative impact of teasing and discrimination was heard by all.
Huron Heights School
Newmarket, ON

On Wednesday, Sept. 7, 2005, we held our Safe Schools Assemblies and our celebration for Huron acceptance to the International Schools of Peace. At those assemblies we had a number of guests including the Newmarket Mayor, Trustees, Superintendents and Parents. In my conversations with them they all commented positively on student behaviour at the assemblies, the number of staff present and in the audience, and the wonderful programs and initiatives they heard about. These aspects of our school don't happen by chance, but are the result of a lot of hard work and a commitment to Huron. Our students and staff have represented Huron very well and taken another step in promoting a positive Huron culture in Newmarket and York. Our program was highlighted in Thursday's Era-Banner

Stephanie Burgess, a member of the Huron Heights Secondary School Peace Club sits underneath a flag signifying the school’s new membership in Peaceful Schools International.

Huron Heights honoured as peaceful school
Sep 8, 2005
Teresa Latchford, Staff Writer

A local secondary school has worked hard to be deemed a member of the peaceful schools international program.

Huron Heights Secondary School was accepted as a member of the peaceful schools international organization, which is a big achievement, vice-principal, Brian MacIIssac said.

"This has been a year-and-a-half initiative and has been a joint venture for staff and students at the school," the excited vice-principal said.

Many tasks had to be completed by the school in order to become part of peaceful schools, an organization encouraging schools around the world to actively seek and promote peace within their community.

"We had many groups come together and work within the community," he added.

One of the student groups received training from the Red Cross for anti-bullying, which the group then took to other schools. Another coordinated fundraisers to support Third World countries, while parents and students were involved in rewriting some school policies.
"The goal is to make our school better and make students more community minded," Mr. MacIssac said. Working toward such a goal also gave students more of an understanding of diversity and a better perspective of the world while helping reduce violence here, he explained. Mr. MacIssac is most proud of the peer mediation program that allows students to help others solve problems through discussion rather than violence and to do it without an authoritative figure present.

"It is a nice feeling to feel safe in your school and it has a positive impact on academics," he said. "If a student is comfortable, it is easier for him or her to learn." Huron Heights is the first high school in York Region to join 300 schools around the world with the peaceful school designation.

**EDUC-NEPAL**
Kathmandu, Nepal

**International Peace Day Sept.21st 2005**

Eye Camp was set up on the International Peace Day at the welfare center. The team of ophthalmologists from BP Koirala Lion Center for Ophthalmic Studies examined 37 children out of which 4 of the children were found to have some problems in their eyes. They were referred to visit the eye hospital or Center for Ophthalmic Studies. Few of the mothers who were present were also examined by the ophthalmologist. Later after the eye camp candles were lit by the children for peace in the world. Meaning of peace (shanti in Nepalese Language) was explained to the children by the teachers. EDUC-NEPAL also sponsored and organized a peace rally in one of the government school here in Kathmandu Valley. The rally took place within the radius of 2 kilometers around the vicinity of the school. Various placards were carried by the students on world peace.
On the International Day of Peace, September 21, 2005 the staff and students at RT McKenzie Public School in Almonte, Ontario celebrated in a very unique way. The day began with the Principal, Joanne Clayton explaining the International Day of Peace to all of the elementary students. She went on to explain the purpose of the flag raising ceremony and what it would mean to the school community to be a member of PSI. All welcomed this membership.

Thanks to the efforts of Patricia Larkin and the Peace Dove Club the school participated in a march around the school; accompanied by drummers from the community with 25-foot high peace doves, made by the students for the occasion.

The school then met at the front of the building where the flag raising ceremony of PSI was held. Mayor Al Lunney who has been an ardent supporter of the Lanark Anti-Bullying Coalition, sponsor of the PSI training day held in the spring for Lanark School Administrators was also on hand.

On a personal note, it was a very moving moment for me to see the flag raised and to know that symbolically it stood for a school administration that was committed to creating and maintaining a culture of peace in our school. Our first Peaceful School Committee meeting is scheduled for October 20, 2005. To date, we have surveyed all of the school community and will report back with our findings and set our goals for this upcoming school year.
Annapolis West Education Centre  
Annapolis Royal, NS

- The students of AWEC have continued to be very busy throughout the year as we continue to demonstrate our commitment to being a member of Peaceful Schools International. Some of the events we have been involved in are:
- We continue to support our sister school in Mamfe, Ghana with an annual coffeehouse.
- A group of 25 students and 5 staff members took part in the Relay for Life... a 12 hour through the night relay which raises money for cancer research and awareness. The weather didn’t cooperate, but that didn’t dampen our spirits as we raised money and made friendships in our quest to end cancer.
- Our whole school took part in the 25th Terry Fox Run.
- We also had a coffee house to raise funds for the Hurricane Katrina victims.
- Respect for Diversity group in school
- African heritage Assembly in February
- We recognized National Aboriginal Day, by rearranging exam schedules for First Nations’ students.
- Honoured exchange students from Germany, Mexico, Korea, Brazil with yearbooks, jackets and certificates at an assembly.
- Were able to offer African Canadian History for the first time.
- For Career Day and Job Fair Day we had visible minorities and “women in trades” present.
- Organized a Career Day in conjunction with Bear River First Nations that was held at the Bear River First Nations Cultural Centre.
Students and staff at Children’s World Academy (Montreal, Canada) learn and practice 12 attitudes throughout the school year. Practicing these values makes everyone a winner. They are:

- Integrity
- Tolerance
- Appreciation
- Confidence
- Enthusiasm
- Curiosity
- Cooperation
- Commitment
- Creativity
- Respect
- Empathy
- Independence
Care

By Darryan Greaves, grade 5
Children’s World Academy
Montreal, Canada

Care for others
that’s what you do.
Care for others
and they’ll care for you.

It doesn’t matter
what the color of their skin.

All that matters
is what’s truly in them.

Care for others
that’s what you do.

Care for others
it is true.
Hetty van Gurp visits Kingslake P.S.

We felt very honoured to have Hetty van Gurp and her husband, Ward Carson visit Kingslake P.S. on May 31st. Hetty toured our school in the morning and met our students and teachers. She talked to local administrators and teachers and they were so impressed with her message. We held a pot luck lunch for Hetty and our teachers. In the afternoon the Kingslake students had a school assembly where Hetty was introduced to our school mascot, Harmony, watched a play on our Recipe for Peace by the Grade 2’s and was presented with our most recent book Celebrating the Alphabet, Celebrating Peace. It was a wonderful day for us and we hope that Hetty and her husband felt the same.
Kingslake PS has created a new book this year entitled Celebrating the Alphabet, Celebrating Peace. The **Kingslake's Kids Are Authors** group consists of 13 members (Joseph, Eileen, Mohammed, Tina, Mark, Chelsea, Judy J., Judy G., Tharsan, Winnie, Farhamida, Yvonne, and Molly.) The group has just completed a fabulous picture book called Celebrating the Alphabet, Celebrating Peace. The book teaches children about peace, kindness, respect and manners. Kingslake has submitted the book to the Scholastic's Kids Are Authors Contest and results will be out in June. All the best, Kingslake students!

To see examples of this book, please check out Kingslake’s website at [http://schools.tdsb.on.ca/kingslake/Peacebook_2/alphapeacebook_06A.html](http://schools.tdsb.on.ca/kingslake/Peacebook_2/alphapeacebook_06A.html)

In the fall of 2005 we launched the school year with Kites for Peace. Each class worked on 5 Kite designs (we purchased kite kits at $5 each). The children worked in groups of 4 or 5 and cooperatively came up with a Peace idea for their kite. The kites are on display in our halls and will be flown in the spring. In January we’ lined our halls with ”Mystery Quotes”. We have chosen quotes from people such as Martin Luther King, Jr., and we put a box in the front hall for students to guess who is being quoted. We’ve been trying to come up with school wide ideas every few months to keep the message alive and I believe we have been
To motivate the kids to send letters via our Kingslake Post office, we had them design postage stamps. We asked that the kids design stamps that represented our school, so we had them write about what the symbols on the stamps represented. Since we have been working on peace initiatives as a school, the kids included many of these ideas in their stamp designs. We didn't even need to suggest that these ideas be included and that alone told us that our efforts to create a culture of peace were definitely getting across to the children.

I drew this picture for the school says "We All Belong" and Kingslake things I drew. I drew this because this on T-shirts, agendas and all K to represent the starting letter of also drew trees which is also part of drawn just to represent that we are that's coloured in different colours cultures we have at school which Nicolette

I drew Harmony "The Goodness Gorilla" in the middle because she represents peace in our school. Since our school started the peacemaking program I drew the peace-o-meter beside Harmony. Every week we draw a name out from the peace-o-meter, and the winning person gets a prize, therefore I drew a trophy with the winner's picture on it. In the corner I drew a package addressed to Harmony OFFICE COURT because we started a mailing system and that is what a stamp is used for. In the background I drew the world and children in their traditional clothing because we all came from different parts of the world and celebrate different festivals but we all belong in one little school - Kingslake. The little monkey I drew playing and hanging from the double "O's" in Kingslake Public School means learning can be fun. Tharshika

The stamp I designed has different designs on it so I am going to tell you what it means! On the top I wrote KINGSLAKE the name of our school. In the center I drew Harmony the Goodness Gorilla, because Harmony is our school's mascot and a very important person, he represents PEACE in our school; therefore I think he deserves a special spot in the stamp. Around Harmony there are kids from different parts of the world, and dressed in their cultural clothing, that represents what is best about our school... THE DIFFERENT CULTURES!!! For the background I used different flags, to show the parts of the world we are from! After all, we may be in a small school, but there sure are lots of cultures! That's the reason why I think this stamp really represents the school! Chang Liu
Millstone River School
Plainsboro, New Jersey

Millstone River School...Roads to Good Character
by: Ronni Epstein and Michelle Pellecchia

On February 16, 2006, the Millstone River School in Plainsboro, New Jersey had a school wide pep rally to celebrate a ribbon cutting ceremony honouring new hallway signs depicting our character education themes. On hand to cut the ribbon was Fred, our school mascot, Mary Ann Isaacs, our principal, and Dianne Gallo, our assistant principal. Our mascot's name is an acronym for friends respect each others differences.

Many children got to share their reflections as to what their hall name meant to them. The different hall names are: Sportsmanship Boulevard, Millstone Main, Eagle Way, Peaceful Place, Kindness Court, Responsibility Way, Teamwork Terrace, Cooperation Court, Respectful Court, Honesty Avenue, Caring Court, Citizenship Court, Confidence Court, and Friendship Avenue. Smiles were abound as the children shared their enthusiasm for the "Roads to Good Character".

“Official Kids’ Guide to Staying Away From Bullies”

In May of 2005, Millstone River Upper Elementary School, through the efforts of Mrs. Ronni Epstein and Mrs. Michelle Pellecchia, became the first school in New Jersey to become a member of Peaceful Schools International. Acceptance to this prestigious organization meant incorporating its philosophy into the classrooms at Millstone River School.

In August of 2005, two Millstone River School guidance counselors, Lisa Valeriani and Thomas Plebani, were given the opportunity to develop a project that would be “differentiated” yet still tie into existing curriculum. They chose the topic of “Bullying”. There is a plethora of information generated by adults so Lisa and Tom focused on what children would say. This became the basis for the “Official Kid’s Guide to Staying Away From Bullies”.

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After an initial “Bully” lesson, Mrs. Eptein’s 5th-grade class was asked if they would like to take the subject one step further. They, with the guidance of their homeroom teacher Mrs. Epstein, guidance intern Neeru Narang and principal MaryAnn Isaacs, embraced the project. They generated ideas, conducted research, made creative decisions and edited, edited, edited. Their efforts resulted in a professionally printed “Guide” that will be distributed to the 800 students currently enrolled in Millstone River School.

This class truly immersed themselves into the philosophy of Peaceful Schools International and Millstone River School. They are to be congratulated for their efforts and for the wisdom they share with their school mates.

**St. Thomas Aquinas Catholic Secondary School**

**Tottenham, Ontario**

**Act of Social Justice by St. Thomas Aquinas Catholic Secondary School**

St. Thomas Aquinas is a school on the rise; helping and promoting peace among all people. Through their various activities, speeches, assemblies, and class lessons they have allowed the student body to help out the community and be made aware of how we can spread peace and help others in our country and around the world.

In our everyday lives at St. Thomas we wear a uniform to show equality with one another. It is on special selected days that students are permitted to wear "street clothes" as a method to raise money to help build a well for a village in India. We also run a Student to Student Anti-harassment Program where students assist other students in dealing with harassment. The senior students act as mentors, especially to the younger students, helping them with any problems that may arise. We like to think that our students can get along with one another, regardless of age and color. We also have frequent assemblies including our Good News Assembly, where the staff of St. Thomas takes the opportunity to promote student success. Awards to recognize students for attendance, attitude, personal growth, overcoming obstacles, helping others, working to their potential and being spiritual leaders are given out to students in front of their peers. Other assemblies have included a guest speaker from Craig Kielburger's organization, Free the Children, who came and discussed the issues of child labour. In these moments our school is able to come together as one and learn about the issues affecting our world. We are made aware of the problems and are encouraged to go out and act for change.
Every year, when the advent season of giving, sharing, and loving approaches, students are given the chance to help out people in their community who may not be as fortunate as themselves. The school is assigned numerous anonymous families and these families are divided among classes. The classes come together once a year and devise a plan to help their designated family have a Christmas they can remember forever. Students are given the chance to buy gifts for members of their assigned family and wrap them. Each year, a Mass takes place where each class brings in their presents and assembles them in front of the entire school. The collective generosity of the students is unbelievable and the result is priceless. Helping those less fortunate than us is one of many blessings.

We are currently sponsoring two children in Ghana and have removed them from slavery. The Student Council of our school has undertaken the job of raising money for one of these children. The other child is taken care of by the Social Justice Committee. Together, these two groups aid the school in becoming involved in the community and helping others.

The grade 12’s of our school also helped organize a Crayon collection. These crayons were sent to programs that help children who were victims of torture and helped them deal with their past. The crayons will be used to draw for psychiatric therapy.

One final item to take note of is our 25 hour famine that takes place annually in order to raise money for Development and Peace. This year the students’ pledges raised $5,000 dollars. Students had the opportunity to spend their Friday night in the school along with our vice principal and a few volunteer teachers. The participants consumed no food until Saturday morning.
Symmes Junior High School
Gatineau, Quebec

Teacher Ellie Wilkinson at Symmes Junior High keeps updates posted on the school website:

September 2005

The Peaceful School Committee starts the 2005-2006 academic year off with special activities to mark International Day for Peace. The committee researches and creates a display on famous peacekeepers through history. This is displayed in the school lobby.

All classes discussed the significance of the handshake, through history, as a gesture of welcome, goodwill, agreement or reconciliation. On Wednesday September 21st the entire Symmes community (students, teachers, and administration and school support staff) gather in the courtyard and complete a "Universal Handshake", whereby every member greets and shakes the hand of every other member of the school community. This provides a symbolic start to the new school year and a reminder to leave old disagreements, grudges and hurt feelings behind.

The Peaceful School Committee flies a giant peace dove around the school courtyard. They had created the dove from recycled materials using a pattern from peacemaker and environmentalist Jane Goodall's website of projects for International Day for Peace. Afterwards the dove is displayed in the school lobby and its wings are decorated with feathers submitted by students. Each feather holds a student's personal commitment of an action he/she plans to take to contribute to a more peaceful world.

During September, an assembly is held to introduce the Stand-Up Campaign and the Symmes Peaceful School Pledge to the new grade 7's.

January 2006

Student Leadership Training: Thirty-six students attend a half day leadership workshop animated by Mrs. Wilkinson and Ms. Hollweck. The workshop focuses on team building and student empowerment. The students develop an action plan for student leadership for the second half of the school year.

February 2006

Symmes holds an Action Day which focuses on the QEP Broad Area of Learning, "Citizenship and Community Life." Through participating in several fun, cooperative activities in the gymnasium, students are challenged to answer the following question. "What conditions are necessary to build a sense of community between individuals who do not know each other very well?" During a second activity, students watch the NFB film "Waging Peace: A Year in the Life of Caledonia Junior High School." Afterwards Principal Singfield asks students to list what they considered the most important ingredients of a Peaceful School. A positive sharing of ideas between students and administration occurs. Students are then given the opportunity to rate Symmes on each of the qualities of a peaceful school which they had identified.
April 2006

"Power of Language Campaign" Student leaders run two grade assemblies on the topic of "The Power of Language to Hurt or Heal." Their presentation addresses the frequency and the effects of name-calling, teasing, gossip, verbal abuse and cyber bullying. Students are challenged to think about the power of their words. A poster campaign on this theme is launched. Eighty-five posters are submitted by students and are displayed in the school lobby. All classes are invited to view the posters and vote for their favourite.

Peer Mediation Training Sixteen students attend a one day workshop; Introduction to Conflict Resolution and Peer Mediation animated by Mrs. Wilkinson. The students learn a lot and spend the afternoon practicing their new skills in role playing scenarios. In the following weeks, the first student lead mediations are scheduled.

May, 2006

Following several incidents of theft (Ipods, MP3 players) occurring in the school, student leaders animate grade assemblies to discuss the problem. Through presenting skits, these leaders challenge their peers to consider how theft and the violation of personal property conflict with the concept of a Peaceful School.
Saint Edmund Elementary School
Beaconsfield, Quebec

The Forgiveness Rap
Linda Choinière, Principal

Said somethin’ awful mean?
Now makes you feel so sad?
Just can’t get to sleep?
Know that you been bad?

Wish you hadn’t said it?
Wish you’d been more nice?
Now no one’s talking to you?
Well you gotta pay the price

Conscience is a hurtin’?
Makes you cry and worry?
You know what to do man
You gotta say, ‘I'M SORRY’

Gotta say I'M SORRY
And really truly seem it
Gotta say, I'M SORRY
And really, truly mean it

Gotta make a promise
To be a better friend
Cause when we hurt somebody
We gotta make amends

And when we say, I'M SORRY
Admit that we were wrong
Then we get forgiveness
Our friendships grow more strong

Forgiveness is a gift
A gift we give and get
Cause we all make mistakes
Do stuff that we regret

It’s then we should remember
These words by which we live
When we are wrong
Or have been wronged
SAY SORRY AND FORGIVE
On Friday, September 23rd, the entire community from S.D. Spady took part in remembering the International Day of Peace. Due to inclement weather, it had been rescheduled from the official date of September 21st. The International Day of Peace was established by a United Nations resolution in 1981. This is the first year we have participated in the recognition of this event which was coordinated through our Peace Committee and Peaceful Schools International (P.S.I.) from Nova Scotia, Canada. This past year, S. D. Spady applied to P.S.I. and was acknowledged for being a school which has declared a commitment to creating and maintaining a culture of peace. P.S.I. presented us with a flag which Mrs. O'Hare unveiled at the ceremony. Ms. Maria Roberts created the International Day of Peace sign which was displayed at the celebration.

Mrs. Kunesh spearheaded the “Pinwheels for Peace” project. During art class, students created their own, unique pinwheel. At the start of the ceremonies, each class “planted” their pinwheels in our peace/butterfly garden. It was a beautiful, uplifting sight to see the contrasting white against the lush green, as they spun in the breeze. The community formed two large circles on the lawn in front of the cafeteria, with the ten Early Childhood classes on the inside circle. Festivities started with the Early Childhood classes singing “The World is a Rainbow,” followed by Lower Elementary singing “Let There Be Peace on Earth”. Middle Elementary changed the pace with a rap for peace, a poem entitled “Peace Begins with Me” and quotations on peace. Upper Elementary read moving, individual essays entitled “What Peace Means to Me” and they sang “I’d Like to Teach the World to Sing”. There were many parents and other volunteers who helped to make this day memorable. Thanks to the efforts of everyone involved, the celebration sparked an enthusiasm which will make this an annual event at Spady.
Rousseau sets global peace in motion  
*Excerpts from an article by Erin Rankin, Ancaster News, October 21, 2005*

A group of Grade 6 students led by teachers Michelle Fawcett, Bonnie Shaver and Michael Dowson are trying to inspire peace amongst themselves and their entire school.

Walking the path to peace has been a daily exercise for Rousseau Elementary School's 250 students.

To help inspire the children, Rousseau School is taking part in an international program called Peaceful Schools International.

Established in 2001, Peaceful School International has 150 world-wide members from countries like Northern Ireland and Serbia. Rousseau is in the last leg of its own journey, working towards earning full membership and a flag to show peace can be a mainstream way of life.

But membership in Peaceful Schools isn't a matter of applying and paying the membership fee.

Instead, as Ms. Fawcett explained, the school has to demonstrate it is making peace happen.

"It's about teaching children pillars of good character and having them learn that behaving and being a good person counts, especially when no one is looking," she said.

Every Monday morning, Ms. Fawcett organizes learning sessions for the entire school. Sometimes the children come together to share experiences, sometimes they watch presentations about conflict resolution.

They also learn that bullying is not where it's at. They begin to understand there are many ways not to be nice to another person and they all count.

"Incidents at the principal's office are way down," said Ms. Fawcett. But the changes go beyond the principal's office. Ms. Fawcett has seen first-hand children implementing peace.

"I was on lunch patrol when I saw a bunch of the older kids on the side of the playground with younger children. "They know they're not supposed to be there. But what I saw was amazing. Some of the smaller children had found sticks and were waving them around. The older children interceded and organized the little ones into a game. They all played together nicely."

That day really got Ms. Fawcett thinking about peer mediation. Mediation is a fundamental aspect of conflict resolution, it's also the final piece before Rousseau undergoes evaluation to get their flag.

Ms. Fawcett isn't exactly sure how to unroll the program but believes the place to start will be having older students organize positive activities for younger children like crafts during recess. So what do her own Grade 6 students think?
Mitchell Jones, smiles broadly when he tells how his school is the only school in the Hamilton-Wentworth District participating in Peaceful Schools International.

Lucas Petruccelli, also a Grade 6 student, is involved in helping younger students learn. "It makes me feel good and I'm proud to set an example and be the best I can be," he said. Although the children have a lot to be pumped about, it's apparent that Peaceful Schools helps them address some of their worries in a proactive manner.

When asked about problems in the world, they rattle off human conflicts with startling alacrity. The answers come so fast, it's hard to keep up with them. "We have soldiers in Afghanistan," said Mitchell. "Iraq, Serbia... Louisiana" rattle off Kate, Andrea and Lucas, almost in unison.

It's pretty apparent Ms. Fawcett has a wealth of enthusiasm and good sense to draw on in her own students. With their help, Rousseau should be hoisting their new flag before long.

**East Williams Memorial School**  
Ailsa Craig, Ontario

**East Williams joins Peaceful Schools International**

East Williams Memorial School has been recognized for its efforts to provide a peace-filled learning environment for staff and students.

The Nairn school is only the second one within the Thames Valley district School Board to achieve membership into PSI.

Now, after an assembly held last Thursday, October 20, the school proudly flies a PSI flag along side the Canadian flag.

As part of the celebration, students, staff and community members paraded around the block with each class carrying a hand-crafted banner depicting what peace means to them.

PSI is a Canadian charitable organization that recognizes schools that declare and demonstrate a commitment to creating a culture of peace. There are currently over 150 school members worldwide.

According to East Williams principal, Vivienne Bell-McKaig, students and staff have been working towards their peaceful goal for the past three years.

"We are helping the students develop conflict resolution skills and celebrate positive behaviour," said Mrs. Bell-McKaig. "And now we have achieved the membership."

The program has had a positive influence on the students of East Williams at both school and at home.

“Students are using the same language and strategies to resolve disputes outside of school," said Mrs. Bell-McKaig. “The kids have learned how to solve problems, and how to take ownership of issues.”
East Williams now joins Parkview Public School in Komoka, which received its accreditation in 2004.

Spearheading Parkview’s efforts was Kathryn Sharpe, who was on hand to present a PSI flag to East Williams.

“I am very proud to be here to present this flag to the staff and students of East Williams,” said Ms. Sharpe, who is a regional co-ordinator for PSI.

Kingston District School
Kingston, Nova Scotia

Tanisha’s Hope for Peace Pledge by Tanisa Cronin

Life would be easier if peace was in everyone’s heart and soul. Life would be easier if there were no wars or weapons. Life would be easier if no one would go hungry, sad or hurt tonight, and if everyone had a shelter of peace over their heads. Wouldn’t the world be a better place if every child lived in a peaceful environment where they felt safe, loved and accepted for who they were? I think it would be a treasure if everyone could have a peace garden to love and grow, so that peace would be among all people. Peace would be like a flower, blossoming through people. In a peaceful world, people would not hurt animals or one another. Life would be easier if all that everyone knew was peace and love, and no one knew how to hate.
PSI in Northern Ireland

In September 2005, a five-person PSI delegation spent a week in Northern Ireland. The PSI team consisted of Paula George, a guidance counsellor at Leary’s Brook Junior High in St. John’s, NL; Heather Harris, principal of Kingston and District School, Kingston, NS; Dr. John LeBlanc, pediatrician at the IWK Children’s Hospital, Halifax, NS and Hetty van Gurp and her husband, Ward Carson.

The visit was arranged and sponsored by Barnardo’s, a major children’s charitable organization with offices throughout the United Kingdom. “Barnardo’s works with the most vulnerable children and young people, helping them transform their lives and fulfill their potential. We believe that the lives of all children should be free from poverty, abuse and discrimination. We use our expertise and knowledge to campaign for better care for children and to champion the rights of every child.”

Visits to Edenbrooke Primary School, St. Gabriel’s College and Brownlow Integrated College, the three PSI member schools, were a highlight of the trip. In each school, it is evident that the commitment of staff, parents and students has created a positive and welcoming ethos which is tangible as soon as one enters the building.

An article in the September 24, 2005 edition of the News Letter, a Belfast paper stated: “Teaching simple respect and understanding has transformed a battle-torn primary school into an oasis of calm, a Belfast principal said yesterday. In spite of the ongoing loyalist feud, Edenbrooke head Betty Orr said incidents of abuse between students at the Shankill Road school had fallen from 160 at the height of the last loyalist eruption, to just three last year.”

Pupils at Edenbrooke perform for Canadian guests
My Experience in Northern Ireland
Briana Miller, Students for Teaching Peace

When we first arrived in Belfast I found we didn’t see anything that signified there was conflict. We saw wonderfully friendly people who helped us out and we saw beautiful places and buildings. I realize now that Northern Ireland a place of layers. And when you first go you see the outer layer – the tourists’ layer – at first glance.

As we went into schools, I was surprised and I think...that’s when I realized the whole thing. As we heard the stories of students from the teachers and students, I would listen to all they have witnessed then look at the students who were 7 and 6. How can children that young be exposed to so much violence in their lives. I felt ashamed for I have lived a life almost carefree and never witnessed any violence that could be comparable and I am 15. They are 6. There so mature due to this and have grown up so fast.

From the older children in other schools, I learned even more. One boy in the Catholic school told my group and I how he has never been in the Protestant areas for they are dangerous for him and he would probably be in danger there. Being in the schools and hearing the stories first-hand from children who can tell you about the conflict was overwhelming. For we all hear about conflict in the world in the paper and on television, but its hard to understand it fully until you have been there and spoken with the people affected.

The murals were another part of the journey that amazed me. These were large paintings on walls with every type of message. Opinions, memorials, political statements and territory marks were just so bold and powerful that I have no words to describe them. The art there expressed so much of the inner feelings of the people that seeing it out in the open on huge walls was incredibly moving and powerful.

I also learned while I was there not all Protestants dislike Catholics, or vise versa. It’s even much more than that. It’s not really about the religions, and there’s so many parts to understand. But not all the people there feel the way media makes it seem. A lot of people do want to see change. The conflict there has so much depth to it, so much history and events that have built up, it’s hard to describe exactly the conflict there. It’s about allegiance, beliefs, and identification. But there are so many in Northern Ireland who want to change and hearing them say, “I just wish we could all just live here as one” or “I wish the violence would stop” makes you realize that Northern Ireland is slowly and surely getting a lot better than what it was in the past but it still has a way to go until it is resolved. And even when that day comes there will be remaining scars and reminders of the conflict.

I think Northern Ireland brought different things to different people. I know myself, I not only learned about the conflict and culture there, but a lot about myself. How amazingly lucky I am and how, myself included, so many people take for granted their lifestyles. I live in a wonderful community and have not witnessed any major violence in my life. I am friends with people who are Protestant and Catholic and have friends who believe in something else or aren’t really sure. Yet none of that ever matters. I mean we have an incredible place we live and it’s so sad to realize that no one will be grateful or understand this until they have seen places that don’t have that. Some people just don’t understand how lucky they are.

Northern Ireland was incredible and I must admit even with everything I learned, I still must say the people there are so nice to you. Northern Ireland is a beautiful land with an amazing culture.
Saint Joseph's Episcopal Students Create "Whirled" Peace on Peace Day, Sept. 21

You can never have enough serenity, so the student body of Saint Joseph's Episcopal School has created "whirled" peace. Hundreds of pinwheels will dot the campus in honor of International Peace Day on Wednesday morning.

The entire student body of Saint Joseph's Episcopal School - approximately 250 students in grades pre-K-8 - planted pinwheels around the church grounds in celebration of International Day of Peace. The pinwheels, which the students made in class, represent "whirled" peace and will be seen from the school's driveway surrounding the statue of Saint Joseph.

As one of four "peace schools" in Palm Beach County under the auspices of Peaceful Schools International, Saint Joseph's works to establish peaceful classroom climates. The other schools are Unity, South Grade Elementary and Lake Park Elementary.

In 2003, Saint Joseph's students created origami "peace cranes" as part of Peace Day. The cranes traveled the world, thanks to friends of the school, and found a home in Japan last year. The Saint Joseph's cranes are now displayed in a glass case, amid thousands of other paper cranes in a memorial to Sadako Sasaki, a Japanese girl who died of leukemia after the atomic bomb was dropped on her home in Hiroshima.
What PSI schools are doing . . .

Here is a summary of some of the ways in which our member schools are meeting the PSI membership criteria:

A collaborative approach to school-based decision making

- School Council is actively involved in decision making.
- Safe Schools Committee – Each class has a representative on the committee who participates in the decision making and planning of events at the school.
- An annual newspaper is published to inform all members of the school community about safe activities and other initiatives that were successful during the year.
- Cooperative Policy Handbooks developed by school council to address all aspects of cooperative discipline in the school.
- Parents are encouraged to become involved as much as possible for input on many avenues such as memo, surveys and school council meetings.
- School Climate Committee
- Letters sent home requesting feedback from parents.
- Open Houses
- Regularly scheduled assemblies
- Students take part in many decisions regarding choices of activities for the curriculum outcomes.
- Harmony Committee – reviews code of conduct and safety, establishes support network for dealing with challenging behaviors
- Parents as in-school volunteers
- “Rights and Responsibilities” initiative which details the rights of students in the learning community of the school, and their responsibilities to respect and protect their own rights and the rights of others
- Strategic planning process
- Shared leadership on staff committees
- School newspaper
- Focus groups – questionnaires to students, teachers and parents
- Quality of life survey
- Prefect System – Assigning responsibilities to students to create an atmosphere of mentoring and leadership.
- Student input is valued through surveys, discussion groups and panels
- Teacher monitoring, sharing, co-operation and problem solving as a team
Curricular and/or extracurricular peace education initiatives

- The “Living Lab"
- Wall of Fame
- Gopher Good Behaviours
- Tutors for Tuition
- Buddy Readers
- Peace Pledge
- People’s Respecting Others Award
- Peace Garden
- Cool Kids Program
- Compliment Month
- Artwork depicting peaceful schools
- Poetry, Essays
- Puzzle showing each member school of PSI and putting the new school in last
- Playground for peace
- Random Acts of Kindness
- Monthly assemblies
- Peace tree planting
- Student of the Month
- Peace flowers using recycled paper
- Peace Stones which are kept on the teacher's desk but visible for all to see
- Talking Circle
- Peace Week
- Peace Alphabet
- Bully-Free Zone Posters
- Citizenship problem of the month
- Peace Maker of the Week rewards students who follow the Peace Maker rules. Each week one student is selected to receive a certificate, bumper sticker, and a picture is posted on the bulletin board.
- Recipe for Friendship
- Project Love Bug which encourages acts of kindness
- Peace Day observed each September with ringing of bells and wearing of white
- Sports – everyone regardless of ability is encouraged to participate
- Guardian Angels of the school ground
- Social justice art
- Policemen visit the school to talk to each grade regarding bullying
- One week at the beginning of each year spent on activities centered around learning and discussing the Code of Conduct
- Verbal mediation forms allow children to complete with the parents, a form which addresses unacceptable behaviour
- School Spirit Day - The themes of these days each month, are selected by the Principal’s Advisory Committee. Money raised is given to the school for different projects such as cooperative playing indoor games such as Monopoly.
- Choir which performs at special occasions
- Happy Notes sent home for young children when they are behaving well.
- Prefects bus monitors
- Weekly Virtues program
- Leaders Corp – Older grade students are seen as role models to the younger grade students.
- Recognition awards for any type of positive behaviour either academic or social
- SADD – Students Against Destructive Decisions
- Silence Hurts Campaign
- Date rape/violence in relationships program
- Professor Wisdom – The messages from Professor Wisdom reflect character education, diversity issues, conflict resolution and problem solving skills. Students are encouraged to make a conscious choice to make it a great day or not, because the choice is theirs.
- Students Ambassadors
- Effective Behaviour Support
- Social skills workshops (high school)
- Friendship groups
- Peace Committees for staff and students
- Tracking reported incidents and using data to recognize problems, make changes in our practices and celebrate successes
- Displays that illustrate messages of peace, respect and celebrating strengths and diversities
- Visual symbols of sunflower, snowflake and daisy to remind everyone of our commitment to peacefulness
- Bullying intervention program
- ABC Book of Peace
- Peer Power Initiative
- Focus on Bullying
- STARS (Students Taking Added Responsibilities)
- Chess Club
- Multicultural Club
- Kids on the block
- Junior Achievement
- Project Solution
- Learning for Life
- Kindness Tree
- Open door policy in student services, administration, and community members
- Rose board to recognize kindness and personal achievement
- Social Skills Group
- Good Behaviour Program
- Future Aces Program. The Future Aces Creed has provided students a focus for character building. Each month, students are selected for demonstrating a specific character trait and are recognized at a formal assembly.
- Got'Cha RAP Student Recognition Program (RAP – 1000 Random Acts of Peace and Kindness)
- Sunflower Projects
- You Are Sunshine – various types of personalities and how we all have special qualities in one form or another.
- Manners program – students are encouraged to use mannerly, courteous behaviour.
- Rapping for Peace concert
- Dance for Peace
- Gossip Free Day
- Poster Contest – “Watch your language, words can hurt”
- Pride Month
- Peace Mural

Teaching methods that stress participation, cooperation, problem solving and respect for difference

- Peace Pals Program
- Big Book of Peace Songs
- Peace Makers classes which raise awareness about violence and find ways to stop it
- Peacekeeping Program
- Respect for Diversity
- Restitution parenting – Designed to offer parents “freedom on the road to less coercive parenting and to mutual benefit for children and ourselves.”
- Rules of the Game
- Peaceful Bamboo Poles
- Current Events Scrapbook which includes articles relating to peace
- Student Parliament
- 2nd Stop – conflict resolution program in which kids discuss various behavioral situations and acceptable solutions
- Art in Action – revolves around social justice
- Breakfast program
- Lions Quest
- Classroom Bill of Rights and responsibilities
- 14 Days of Peace – each day for 14 days in December, students participated in a peaceful activity
- Activities of peace to celebrate Martin Luther King Jr. Day
- Use of “I” messages
- Rules for Fighting Fair
- Mix it Up Day
- School Motto – Responsibility for your actions and respect for others.
- Group norms and class expectations brainstormed and accepted by the members of every class each new school year
- Good News Ballots to students who demonstrate the school code or
other positive behaviours
- Peace Ladder – For each peace initiative, a symbol of peace is mounted on a rung of the ladder
- YMCA Anti-Bullying Program
- Character Education centers around 12 positive attitudes: Respect, Cooperation, Empathy, Appreciation, Tolerance, Commitment, Curiosity, Enthusiasm, Creativity, Integrity, Independence and Confidence
- Peace and Friendship Festival
- Role Playing
- Student Sharing
- Games (Anger Management)
- Direct teaching of appropriate sportsmanship
- Modeling appropriate behaviour
- Democratic problem solving
- Co-op learning
- Star of the Week
- Literature Circles
- Praise and encouragement
- Experimental learning (field trips, experiments)
- Pod based teaching
- Pathways programming
- Small group work
- Research projects
- Enrichment activities/programs
- Independent studies
- Interdisciplinary teaching
- Respect and Good Manners Program
- Post Office – Each class’s street name is based on a peaceful quality
- Monthly writing contests
- Goodness Gorilla
- Peacemaker Coupons are given to children who demonstrate positive behaviours. Coupons are then collected and used for classroom and school-wide raffle draws.
- Tribes training program
- Peace Table
- Six pillars of character (Trustworthiness, Respect for Others, Responsibility, Fairness, Caring and Citizenship)
- Thumbs Up Program - honouring students who display good character
- I Care, You Care to promote respect
- I Care Cat
- Gopher Good Behaviour: Children earn school mascot for one week through prosocial behaviour.
- Rainbows for all God’s Children
- Grassroots – Each class is involved throughout the year in computer/technology-based projects that connect with the curriculum and are completed in groups.
- Attention to individual needs (Pathways, ISSP process)
- Student led discussions
- Debates
- Team teaching and sharing of ideas
- Have a Heart – Each homeroom has a large heart. Individual hearts are given to children for showing kindness, manners, and respect.
- Behaviour Resource – qualified staff work either in small groups or individually with children requiring help.
- The Goodwill Classroom
- The Guide to Tolerance
- The ABC of Children’s Rights

**Student and community centered conflict resolution strategies such as peer mediation**

- Peace Talkers – grade 9-11 student volunteers leaders in problem solving with peers
- Beyond the Hurt
- Peer mediation
- Conflict resolution – students are trained as conflict facilitators for younger students
- Administrative mediation providing positive activities/role models so as to help ensure conflicts do not arise
- Art Smart – allows each child in every grade to work with an artist from the community
- Playground Patrol – Students are taught peer mediation skills so that they can deal with conflict in the school yard
- Resolution action workshops
- Street Gang prevention program
- Discipline with Dignity
- Game blitz for a peaceful playground
- Class meetings
- Nobel Peace Price – classmates vote for the most peaceful student
- Peace balloons
- PALS (Peers Agree to Listen) Corner in each classroom and in schoolyard
- Rainbow Parade – the whole school walks around the block with a bagpiper and a police escort. Each class is assigned one of the attitudes and a colour which they display on signs.
- Annual presentations on bullying
- Good behaviour program which rewards students and classes for using good citizenship skills around the school. These skills include using good manners, doing good deeds, being helpful to others, showing initiative and treating peers courteously. The class that earns the most awards each week, may keep the school mascot in their classroom for the following week.
- Guest speakers
- Drama groups
- Self and peer evaluation opportunities
- Mentoring program
- Bullying sensitivity sessions
- Counselor led individual and group mediation
- Teacher and self-directed time outs
- Individual Support Service Plan
- Behavioural contracts
- Behavioural management plans
- Alternatives to Violence Project (non-violent communication workshops for parents)
- Say No to Violence workshop with a local theatre group
- Crime Stoppers
- Big Buddies Group

**Community service projects**

- Recycling program
- Adopt a Family
- Angel of Hope campaign
- Operation Christmas Child
- Visiting Senior homes
- Anti Racism Day
- Pennies for People and Peace – pennies collected are rolled by senior students. These funds are sent to “Sleeping Children Around the World” to purchase bed kits for children who are in need.
- Project Love Bug – this group meets once a week to plan activities (telethons, charities)
- Sponsor a child from a developing country
- Terry Fox Run
- Project 10 (Allies Montreal)
- Relay for Life
- Unicef
- Read-a-Thon
- “Safe Haven $100 Challenge” – to build dormitories for girls’ school in Zambia
- Donations for children’s hospitals
- Christmas food collection for community families
- Street Kids Support Outreach – making quilts for homeless youth
- Lunch with seniors
- Coffee House – money raised for Tsunami Relief and sister school in Africa
- Graduates clean local wildlife park
- Volunteer hours strongly encouraged in CALM/PAL classes
- Food Bank donations brought to school dances
- Food and clothing drives to support local shelters
- Backpacks, books and money donated to help children in Haiti
- School/community garden
- Kid Council – one child is nominated from each classroom to be a representative. This group of 15 or so children is involved in organizing activities to support community service initiatives
- Coats for Kids
- BB gun removal campaign
- Targa car rally
- Grandparents Day celebrations
- Grocery receipt program
- Cafeteria assistants
- Count your Blessings (penny collection for less fortunate)
- Youth mobilizing youth
- Rock is Cool in Integrated Schools – bringing integrated schools together to celebrate rock music and techniques
- Builders Club – adopted a stretch of road in front of the school and cleans that area several times a year
- Pennies for Pets
- Pennies from Heaven to support MS and Cystic Fibrosis
- Remembrance Day assemblies
- Welcome committee for new families
- Lamp Lighters
- Operation Others – fundraising in support of breakfast
- Jump Rope for Heart
- Denim Day for cancer research
- Children’s Wish Foundation support
- Envirofest
- Music Festival
- Math Night
- Education Week
- Development Environmental Stewardship (Learners in Action)
- Peace March
- Bike Safety
- Big Brothers/Big Sisters
- War Child Canada
- Kids Help Phone Ambassadors
- Salvation Army donations
- 30-hour Famine
- Entry of Peace/School Pledge in Santa Claus Parade (float)
- Moment of Choice – This program teaches that all choices have impact and that it is possible to make good choices in the midst of difficulty.
- Baking for Ronald McDonald House
- Red Cross
- PEACE (People for Equity and Character Education)
- Walk Against Violence
- Easter Seals
- Student Council
- D.A.R.E.
- Kiwanis
- ALS Foundation
- United Way
- Rainbows Program for children dealing with loss
- Made 600 peace swans for a child in the school who had cancer
- The Caring Kitchen (Toiletries for Homeless)
Pennies for Patients (Leukemia & Lymphoma Society)
March of Dimes
Holiday Toy Drive
Letter writing for Armed Services Personnel
Laps for Lungs
Out of the Cold Program
Christmas Cheer

**Opportunities for professional development of all staff focused on creating a positive school climate**

- Staff morale support
- Peace camp for staff
- Peace Day workshop
- Regular staff meetings
- Professional Development day
- Student Exchange with Mexico
- 8-week program “Parents Assuring Students Success” (PASS)
- Lion’s Quest Training
- Refresher session for cooperative discipline
- Training in the 2nd Step Program
- Learning Peace Workshop
- Various in-service training days are allocated to facilitate the discussion of staff with regards to integration and the road towards integration and cooperation
- Anger management
- Stress management
- Time management
- New teachers offered a training the first week of school for orientation to the new school and policies.
- Peace Fair
- Peer Mediation training for staff
- Discipline Policy in students’ agenda
- Classroom culture
- Guidance Committee – focus on peace
- Awareness of world events and our response to them
- Non-violent crisis intervention training
- Peer tutoring
- Drug awareness workshop
- Anti-racism drama productions
- Dating violence prevention with peer facilitators
- “A Classroom of Difference” offered by the Anti-Defamation League promotes building hate-free schools
- Michele Borba’s “Moral Intelligent Schools” conference
- Peaceful Schools in-service day
- Cooperative Discipline workshop
- Wellness Day
- Presentations and discussions of peaceful schools
- Faith Days
- Courage to Teach – Retreats offered through the School Board to teachers on an annual basis.
- Assertive Discipline workshop
- Student Success program
- School Improvement Plan and professional development days dedicated to the plan
- Cooperative learning professional development
- Classroom management techniques
- Crisis Intervention training
- Anti-bullying training
Monthly Activities
2005 - 2006
International Day of Peace
September 21

The International Day of Peace, established by a United Nations resolution in 1981, was first celebrated on the third Tuesday of September 1982. Beginning in 2002, the UN General Assembly set September 21 as the now permanent date for the International Day of Peace.

Some ideas to celebrate the International Day of Peace:

- Join people throughout the world in one minute of silence on September 21.
- Organize a Peace Walk.
- Compile a class library of biographies of peacemakers. Read and discuss their lives.
- Promote environmental activities. Start a peace garden or plant a tree.
- Create a "good news" newspaper.
- Collect news articles on global topics such as disarmament, hunger, famine, trade, ethnic, religious and political struggles. Challenge students to come up with peaceful solutions to these and other conflicts.
- Study and display examples of cultural traditions which represent friendship and peacemaking.
- Study the Nobel Peace Prize, UNICEF, peace treaties, etc., to learn how they promote peace.
- Write letters of appreciation to your family, teachers, politicians, civic leaders, and others who have contributed to peace, community understanding, and social issues.
- Rewrite fairytales, movie and television plots, and children's storybooks to create positive "win-win" solutions.
- Collect, analyze, and compare lyrics from contemporary songs which have peace and global friendship themes.
- Study and discuss the universal Declaration of Human Rights and the UN Covenants related to human rights.
- Celebrate with a dance. - “Give Peace a Dance”
- Write a pledge for peace.
- Invite classes to make presentations at an assembly to celebrate the International Day of Peace.
- Ring a bell, light a candle for Peace.
- Plant a Peace Pole or have a World Peace Flag Ceremony. http://www.worldpeace.org/peacepoles.html
- Join alliances of youth organizations uniting for a culture of peace. www.takingitglobal.org
Peace Feast

October is a month in which many people give thanks for the harvest. It may also be a time for us to think about and be thankful for the many other blessings in our lives… family, friends, shelter, education…

Why not hold a Peace Feast in your school? In the same manner as “Stone Soup” was prepared, invite each class to think of and prepare a special dish and then hold a buffet luncheon for the entire school. In many schools, this will be an opportunity to learn more about the foods enjoyed by families from other countries.

Students at Vuk Kardazic, Vito Sevac, Serbia recently hosted a feast.

Some ideas to consider:

- Using the theme of peace, ask each class to come up with a creative dish.
- Include musical entertainment by students.
- Decorate the walls with drawings/paintings of “We are thankful for…”
- Ask students to make and send postcards of thanks to individuals who have helped them in some way.
- Hold a “Roll for Change” challenge. (Volunteers wrap themselves in tape and roll on the floor collecting change brought in by students. Donate the money to the local food bank or other needy cause.)
Mix it Up at Lunch Day
November 15, 2005

Social boundaries can create divisions, misunderstandings and ultimately conflict in our schools. “Mix it Up at Lunch Day” is an idea generated by Tolerance.org - a web project of the Southern Poverty Law Center in Montgomery, Alabama. (www.tolerance.org) this website contains many valuable ideas and resources for “dismantling bigotry and creating, in hate’s stead, communities that value diversity.”

The “Mix it Up at Lunch Day” initiative encourages people to cross lines and become acquainted with new people. By actively working to cross these barriers, students can help create environments with less conflict and fewer instances of bullying, harassment and violence.

Organize a “Mix It Up at Lunch Day” at your school on November 15, 2005!

- Give students a wrapped candy as they enter the cafeteria. Ask them to sit at the table that matches their candy. If your school does not have a cafeteria, hold a “Mix it Up” event in the gymnasium.
- Group students at tables (or in groups) based on birth month.
- Use construction paper to make different color placemats or simply different shapes and colors. Randomly assign corresponding colors/shapes to students during class before lunch or before the assembly.
- Have students draw a number as they enter the cafeteria or the gymnasium and sit at the matching numbered table or with the matching group.

Plan some activities for the newly formed groups. You might meet over lunch, as part of a class, or at an assembly. Here are some sample questions to promote dialogue:

- Why do certain people hang out together?
- What happens when we reach out beyond our own group?
- What would it mean to us, and to our school, if we broke down some boundaries and got to know one another?

For additional downloadable classroom materials:
http://www.tolerance.org/teach/mix_it_up/classroom.jsp
Kindness: Pass It On

December is a good month to emphasize that a gift of kindness is more meaningful than something that can be boxed or wrapped.

- Invite students to think of innovative ways to demonstrate kindness.

- **Start your own bracelet campaign.** Teach students to make friendship bracelets using embroidery floss or yarn. There are numerous websites with detailed instructions but usually, many students know how to make these bracelets. Ask these students to give workshops for the others. Encourage students to give bracelets to people caught being kind.

- Collect kindness quotes. Ask students to make posters for the school using these quotes. Here are a few:

Kindness can become its own motive
We are made kind by being kind.
    Eric Hoffer

People will forget what you said, people will forget what you did, but people will never forget how you made them feel.
    Bonnie Jean Wasmund

When I was young, I admired clever people
Now that I am old, I admire kind people.
    Abraham Joshua Heschel

Constant kindness can accomplish much. As the sun makes ice melt, kindness causes misunderstanding, mistrust and hostility to evaporate.
    Albert Schweitzer

How wonderful it is that nobody need wait a single minute before starting to improve the world.
    Anne Frank

If you light a lamp for somebody, it will also brighten your path.
    Buddhist saying

You cannot do a kindness too soon for you never know how soon it will be too late.
    Ralph Waldo Emerson
As this is the beginning of a new calendar year for many people, focus on the importance of new beginnings.

- “Peace begins with me” is a commonly heard quotation. Discuss its meaning with your students.

- Ask each student to write down a personal goal he/she wishes to achieve between January and June. With tape, secure these goals to the top of students’ desks where they will be a visible reminder. Check back once in a while for a progress report.

- Write a school pledge for peace. Enlarge it and ask each member of your school community to sign it. Display the pledge in a prominent place in your school.

- Encourage your students to think about ways in which they can as a class, work collectively to improve their school, their local community and their world. Put one of these plans into action!

- Hold a “Burning Bowl Ceremony.” Write on a piece of paper something you feel inadequate about or believe you cannot do. Light a corner of the paper and drop it into a large bowl of water. (This is for older students and fire regulations permitting!)

- Ask each student to write a letter to him/herself describing a personal goal. Mail these letters to your students near the end of the school year.

- Compile a list of inspirational quotations. Post one each week and have a discussion about its meaning.

- Read the folk tale “Stone Soup” to your students. Explain that each of them contributes to making their school a peaceful place in a unique way. Collect flat, smooth stones and ask students to write their contributions on the stones with marker or paint. Decorate the stones and make a school display.
Stone Soup

There was once a man who had been traveling for a long time. Having run out of food, he was weary and hungry from his journey. When he came upon a small village, he thought, "Maybe someone could share some food."

When the man knocked at the first house, he asked the woman who answered, "Could you spare a bit of food? I've traveled a long way and am very hungry." "I'm sorry, but I have nothing to give you," the woman replied.

So the traveler went to the next door and asked again. The answer was the same. He went from door to door and each time he was turned away. Not one of the villagers was willing to oblige the man as times were tough and no one had much to spare.

But then one villager said, "All I have is some water." "Thank you," the traveler said smiling gratefully, "We can make some soup from that water. We can make stone soup."

He asked the man for a cooking pot and started building a small fire. As the water started to boil, a passing villager stopped and asked him what he was doing. "I'm making stone soup," the traveler replied. "Would you like to join me?" The curious villager agreed.

"First, we must add a special stone," said the traveler. He reached into his knapsack and carefully unwrapped a special stone he'd been carrying with him for many years. Then he put it in the simmering pot.

Soon people from the village heard about this strange man who was making soup from a stone. They started gathering around the fire, asking questions. "What does your stone soup taste like?" asked one of the villagers. "Well, it would be better with a few onions," the traveler admitted. "Oh, I have some onions," he replied.

Another villager said, "I could bring a few carrots." Someone else offered, "We still have some potatoes in our garden. I'll go get them."

One by one, each villager brought something to add to the pot. What had started as just some water and a magic stone, had now become a delicious soup, enough to feed the whole village. The traveler and the villagers sat down together to enjoy the feast they'd help to create.

Adapted from: http://www.journeyofhearts.org/joth/kirstimd/soup.htm
Pay it Forward

The Pay It Forward concept involves doing an act of kindness for someone and, instead of expecting the kindness to be paid back, he or she pays it forward to three other people.

The Pay it Forward Foundation explains the origin of the idea:

Trevor, the 12-year-old hero of the movie, Pay It Forward, thinks of an idea that he describes to his mother and teacher this way: "You see, I do something real good for three people. And then when they ask how they can pay it back, I say they have to Pay It Forward - to three more people – each. So nine people get helped. Then those people have to do twenty-seven." He turned on the calculator, punched in a few numbers. "Then it sort of spreads out, see. To eighty-one. Then two hundred forty-three. Then seven hundred twenty-nine. Then two thousand, one hundred eighty-seven. See how big it gets?"

www.payitforwardfoundation.org

Encourage students to participate in a Pay It Forward Project. There are several excellent examples available on the Internet.

www.givinggame.com
The Giving Game is based on the principle of kindness. It involves your kind acts, a game card and the Giving Game web site. Through Giving Game cards and their website, you can track, online, each of the cards you play and the associated kind acts. As your card travels from one kind person to another, you can see what’s happening, who’s involved and which cities and countries it reaches! The game is FREE to play.

www.helpothers.org
Starting in September of 2003, small cards like this one began appearing all around the world. They are markers of a newfangled game of tag, where "you’re it" because someone has done something nice for you. Then it’s your turn to do something nice for someone else and, in the process, pass the card along. Everything you need is available on the website FREE!

Do the Math
To illustrate the power of numbers, one student can give three students a blue dot that is pinned to their clothing (anything can be substituted for a blue dot). Those three give a blue dot to three other individuals, etc. Students are then able to visually see, as they walk around the school, how quickly the number of people affected grows.

Other ideas...

- Ask each student to illustrate a favourite quote or poem with art and distribute these to a local seniors’ residence or hospital.
- Write a thank you note to a person from your past who has made a difference in your life.
- Pay attention to positive news and pass it on.
Did you know that **International Earth Day** was declared in a proclamation written by John McConnell in 1970 and signed by then-UN Secretary General U Thant on March 21, 1971? It continues to be celebrated by the UN each year on the first day of spring. The United Nations Peace Bell in New York will ring at the moment Spring begins - a time for reflection on our commitment to pursuing peace, justice and the care of Earth, locally and globally.

The Japanese Peace Bell was presented to the United Nations in June 1954 by the United Nations Association of Japan. It was cast from coins collected by people from 60 different countries. It has become a tradition to ring the bell twice a year: on the first day of Spring, at the Vernal Equinox, and on 21 September - the International Day of Peace.

This year, why not celebrate International Earth Day with a Spring Peace Fest? Here are some ideas:

- Make recycled paper.
- Propagate house plants to sell as a fundraiser.
- Hold a school art exhibit (photography, sculpture, etc.) focusing upon the environment.
- Write a script for *The Lorax* by Dr. Seuss and perform at an assembly. (See attached unit on *The Lorax*.)
- Host a writing and/or art challenge. Ask students to imagine what Earth may look like in 2050.
- Pronounce March 21 a waste-free lunch day.
- Build a life-size sculpture using recycled materials.
- Dig up unwanted seedlings from your driveway or yard and bring them in for an exchange.
- Paint an International Earth Day mural on a wall of the school.
- Ask each student to make a wish for peace and harmony. Using recycled materials insert the wish inside a Wish Fish and hang these around the school. (Instructions for making a Wish Fish are from PeacePrints by Jan Foley and are attached.)
**Quote a Day in April**

During the month of April, inspire students with a quote a day. Quotes can be read with the morning announcements and posted in a prominent place in the school entrance and in all classrooms.

- Encourage students to create art, postcards, posters, bookmarks and stories to illustrate their interpretation of the meaning of these quotes.
- Ask students to create their own motivational quotes.
- Research some of the well-known people to whom these quotes have been attributed.
- Collect additional quotes and print them on small strips of paper. Place these in a container labeled “Food for Thought” and use them randomly during the day to initiate discussion,

<table>
<thead>
<tr>
<th>Monday</th>
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<tbody>
<tr>
<td>3. Without inner peace, it is impossible to have world peace. Dalai Lama</td>
<td>4. Imagination is more Important than Knowledge. Albert Einstein</td>
<td>5. If you don’t have a dream, how are you going to make a dream come true? Oscar Hammerstein</td>
<td>6. There is no such thing as a problem without a gift for you in its hands. Richard Bach</td>
<td>7. Shoot for the moon, even if you miss, you’ll land amongst the stars. Les Brown</td>
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<td>10. I don’t dream at night, I dream all day; I dream for a living. Steven Spielberg</td>
<td>11. Smooth seas do not make skilful sailors. African Proverb</td>
<td>12. Nothing great was ever achieved without enthusiasm. Ralph Waldo Emerson</td>
<td>13. A smile is an Inexpensive way to Improve your looks. unknown</td>
<td>14. Tell me and I forget, show me and I remember; involve me and I understand. unknown</td>
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<tr>
<td>17. The journey of a thousand miles must begin with a single step. Lao Tzu</td>
<td>18. In the middle of difficulty lies opportunity. Albert Einstein</td>
<td>19. Do not follow where the path may lead. Go instead where there is no path and leave a trail. Ralph Waldo Emerson</td>
<td>20. Happiness never decreases by being shared. Buddha</td>
<td>21. The dictionary is the only place where success comes before work. Mark Twain</td>
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<td>24. Hold fast to dreams for if dreams die life is a broken-winged bird that cannot fly. Langston Hughes</td>
<td>25. If you light a lamp for somebody, it will also brighten your path. unknown</td>
<td>26. Peace is not something you wish for, it’s something you make, something you do, something you are, something you give away. Robert Fulghum</td>
<td>27. What you do speaks so loudly I cannot hear what you say. Ralph Waldo Emerson</td>
<td>28. The hardest challenge is to be yourself in a world where everyone is trying to make you someone else. E.E. Cummings</td>
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Picture Peace

The Peaceful Schools International website has a new and exciting feature. In the Photo Gallery found on the Membership page, each school can now post photos in its own album.

If you prefer, we will post your photos in your school album if you send them to hvangurp@mail.com.

Photo Challenge

This month we are issuing a challenge to our member schools. Encourage students to take photos depicting peace. Collect these photos and post them in your school’s album on the PSI website. In this manner, schools can share and enjoy photos of peace with other schools.

Other Ideas:

► Host a school photo exhibition.
► Design a school postcard using one of the photos.
► Make a school photo album and leave it on display for everyone to enjoy.
► Make a calendar for the 2006-2007 school year using the photos.
► Set up an exhibition of your school photos in the local shopping mall.
► Encourage younger students to draw or paint pictures depicting peace.
► Make class books and leave them in the school library.
Making a Difference: Everyone Can

Using the Stone Soup folk tale as motivation, encourage students to believe that each of them has an important role to play in fostering a safe and caring school environment and that each person’s contribution is unique and important.

Stone Soup

A hungry and homeless traveler went from door to door in a village looking for food. Again and again he was turned down until finally he met one villager who offered him a pot and some water. The traveler gratefully accepted the water and pot and announced that he was going to make stone soup. After lighting a fire, several villagers gathered around, curious about what he was doing. The traveler placed his “magic stone” in the boiling water and said that he was making stone soup. The traveler explained that although the soup would be tasty, it could be improved if he added an onion or a potato. One by one, the villagers added ingredients to the pot until it had become a delicious soup, enough to feed the entire village.

Ask students to put in writing and illustrate the contribution they can make to ensuring that their school is a place where everyone feels safe, valued and welcome.

If you use standard-sized paper, you can make a “calendar” for the upcoming school year.

Once school starts in September, read one idea a day with the morning announcements for the entire school year as a reminder to all students that their contributions are needed and valued.

- Post these pages on a school wall and watch the collection grow.
- Select 12 and make a school calendar to use as a fundraiser.
- Include one or more in newsletters and other written communications.
- Ask students to include in their journal writing the things they have done to “make a difference.”
- Research individuals who have made a difference.
- Hold an assembly once a month to celebrate how individual students are making a difference in your school.

We must not, in trying to think about how we can make a big difference, ignore the small daily differences we can make which, over time, add up to big differences that we often cannot foresee. Marian Wright Edelman