

Addressing Aggression in School: Proactive Strategies

Dealing with students who exhibit aggressive behavior is always challenging. How do we help them balance their tendency to speak and act forcefully with an awareness of the needs and rights of others? How do we protect our students and our schools without resorting to the same heavy-handed and intimidating behaviors we are trying to minimize? Is there a way to reduce aggression in our schools while still allowing students to express themselves energetically?

In this workshop, we will:

- ▶ explore the roots of student aggression;
- ▶ consider an effective and compassionate method of addressing aggression with students and parents;
- ▶ explore a variety of strategies to increase the self-understanding and self-control of students using aggressive behaviors;
- ▶ learn ways of extending the skills of targeted students so that they are better able to address aggression on their own; and
- ▶ discuss ways of empowering student leaders to address aggression and mistreatment that occurs outside the areas of adult supervision.

***Each participant will receive a copy of the 30-page guide -
"Who Are You Calling Aggressive?"***

About the Facilitator:



Rick Lewis is a Regional Coordinator for Peaceful Schools International in South Florida. Rick has served as the Training Coordinator in the Department of Safety and Learning Environments in the School District of Palm Beach County, FL, since 1993. Prior to that, Rick worked as a counselor and educator in a wide variety of therapeutic settings. Much of his work in Safe Schools has focused on conflict resolution and mediation, and five of his works have been published by the Peace Education Foundation.

When: Friday, October 23, 2009
9:00 – 3:00 pm (with an hour lunch break)

Where: **Saint Mary's University (Room TBA)**

Registration fee: \$55.00

To register, contact Ward Carson wcarson@mail.com 866 - 532- 0228
or register online: www.peacefulschoolsinternational.org

Space is limited so register early!